



Recipe

Play Dough - Gluten Free

INGREDIENTS

- 1 cup Gluten Free flour
- ½ cup salt
- ½ cup of Cornflour
- 1 Tbsp of Cream of Tartar
- 1 cup water with food colouring mixed through it
- 1 ½ Tbsp vegetable oil

WHAT YOU NEED

- A heavy bottom pot
- Measuring cups and spoons
- A wooden spoon

WHAT YOU DO

Place the flour, salt, cornflour and cream of tartar in the heavy bottomed pot. Pour in the water, food colouring and vegetable oil.

Mix everything together well, with the wooden spoon, breaking down as many of the lumps of flour as possible.

Cook over a low to medium heat, stirring constantly.

Once the mixture starts to clump together take the pot off the heat and keep stirring until the dough all comes together in one lump.

Tip the dough onto a tray dusted with Gluten Free flour and once it's cool knead it with your hands until it's smooth and easy to use.

Keep the play dough in an airtight container when you're not using it.

NOTES

Don't over cook the dough or it will become too dry and hard to use.

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(play dough video)